How to give a subcutaneous injection

1. Hold the Adequan bottle upside down and place the needle through the plunger. Draw up 0.25mL in the syringe.



2. Tent the skin between the shoulder blades.



3. Place the needle through the skin, going into the tent, close to the body. Your needle should be going lengthwise into the tent. Push the plunger forward on the syringe to inject the medication. Alternatively, you can think of it as pulling the skin over the needle. A shaved area between the shoulder blades can also help you learn how to give the injections.

